

Riverside University Health Systems—Behavioral Health

Prevention and Early Intervention

Virtual Services during COVID

Community Education and Stigma Reduction

Community Connect

Serving: Riverside County

Visión y Compromiso

Serving: Western and Desert Region

Special Services for Groups

Serving: Western and Mid-County Regions

African American Health Coalition

Serving: All Regions of Riverside County

Riverside San Bernardino County Indian Health Inc.

Serving: All Regions of Riverside County

RI International

Serving: All Regions of Riverside County

Contact: 951-686-HELP (4357)

24/7 Crisis and suicide prevention hotline

Contact: Marisela Blancas

Marisela@visionycompromiso.org

Contact: Estee Song esteesong@apctc.org

Contact: Linda Hart Hartl.aamhc@gmail.com

Contact: Vernon Motschman vmotschman@rsbcihi.org

Contact: Ron Hoffman ron.hoffman@riinternational.com
951-217-5517

Parent and Family Education and Support Programs

Strengthening Families Program (SFP)

MFI Recovery

Serving: Western and Mid-County Regions

Contact: 951-683-6596

Cesia Alvarenga CesiaAlvarenga@mfirecovery.com

Maria Alcaraz MariaAlcaraz@mfirecovery.com

Riverside Latino Commission

Serving: Desert Region

Contact: Alan Mora-Lopez amora@latinocommission.com
760-398-9000

Triple P (Positive Parenting Program)

The Carolyn E. Wylie Center

Serving: All Regions of Riverside County

Contact: Lucinda Chagolla lchagolla@wyliecenter.org
951-683-5193

Transition Age Youth (TAY) Programs

Operation SafeHouse

Serving: Western and Desert Regions

Contact: Nicole Watson nwatson@operationsafehouse.org
760-285-1740

Victor Community Support Services

Serving: Mid-County Region

Contact: Shatterra Mahone Shatterra.mahone@victor.org
951-436-5312

Older Adult Programs

Cognitive-Behavioral Therapy (CBT) for Late-Life Depression

The Scott Hines Mental Health Clinic at The Center

Serving: Desert Region

Contact: 760-416-7899

Older Adult Programs continued

Program to Encourage Active Rewarding Lives for Seniors (PEARLS)

Inland Caregiver Resource Center

Serving: All Regions of Riverside County

Contact: 800-675-6694

Care Pathways – Caregiver Support Groups

Riverside County Office on Aging

Serving: All Regions of Riverside County

Contact: 800-510-2020

Specialized Ethnic Community Programs

Mamás y Bebés (Mothers & Babies)

Riverside Community Health Foundation

Serving: Mid-County Region

Contact: Terri Akens Terri@rchf.org
951-788-3471 ext. 137

Reach Out

Serving: Western Region

Contact: Gloria Lopez Gloria@we-reachout.org
909-982-8641

Keeping Intergenerational Ties in Ethnic Families (KITE)

Special Services for Groups

Serving: Western and Mid-County Regions

Contact: Karen Lim kchnlim@apctc.org

**Riverside University Health Systems – Behavioral Health
Crisis Supports & Services**

Mental Health Urgent Care

MHUC Riverside:

9980 County Farm Rd, Bldg. 2, Riverside 92503

Phone: 951-509-2499

MHUC Perris:

85 Ramona Expressway, Ste. 1-3, Perris 92571

Phone: 951-349-4195

MHUC Palm Springs:

2500 N. Palm Canyon Dr., Ste. A4, Palm Springs 92571

Phone: 442-268-7000

Behavioral Health Access Lines

CARES line for Medi-Cal beneficiaries seeking Mental Health Services Phone: 800-706-7500

Substance Use CARES Line Call

Phone: 800-499-3008

Online and Telephone Supports

Take My Hand

24/7 Peer support chat

Visit: www.takemyhand.co

Essential Staff Support line

Individual coaching, counseling and listening 24/7 for:

Health care workers, first responders and any essential staff

Phone: 951-955-7015